



Saint Viator High School

2017 Fall Sports Information – Tryouts/Practice



All athletes must have a current physical on file before they can tryout/practice. **Sophomores, juniors and seniors:** Please note the sports physical form (IHSA Pre-Participation form) is available at www.saintviator.com. No physicals will be offered at Saint Viator this year. Incoming freshmen physicals will fulfill the Athletic Department Requirement.

Mandatory Athletic Registration For All Athletes

Athletic Registration will be available online July 17.
No walk-in registration. Sophomore, Junior and Senior athletes must have a current physical on file in the Athletic Department office before the first day of practice: August 7 for football and golf, August 9 for all other fall sports.

Boys Cross Country

Wednesday, Aug. 9: 7 - 9 a.m.

Training begins for all levels.
Meet at softball field backstop.
Be ready to run.



Girls Cross Country

Wednesday, Aug. 9: 7 - 9 a.m.

Training begins for all levels.
Meet at softball field backstop.
Be ready to run.



Football - All levels

Aug. 7-16

Morning meeting & practice daily, including Sat., 8/12.

No practice for freshmen 8/16 due to freshman orientation.

Aug. 17 and throughout season

Afternoon practice/film, lifting daily...please see complete daily football calendar at saintviator.com/athletics/football.



Girls Golf

Monday, Aug. 7

Sunset Meadows Driving Range in Arlington Heights.
All levels – 2 p.m.



Boys Golf

Freshmen – Aug. 7 – 3 p.m. (no fee)

Sunset Meadows Driving Range in Arlington Heights.

Varsity & Sophomore – Aug. 8, 9 – 7 a.m.

Old Orchard Country Club
\$50 tryout greens fee with check payable to Coach Jack Halpin.



Girls Swimming

Wednesday, Aug. 9

Meeting/Practice: 8 a.m.

All girls interested in swimming should meet the coach in the pool for a short meeting. Practice will follow: bring swimsuit, cap, goggles, work out clothes and gym shoes.



Boys Soccer

Monday, Aug. 7 – Meeting

5 p.m. in the gym (players only)

Practice Schedule

Aug. 9-11 & 14-16

6-8:30 a.m. and 4-6:30 p.m.

Aug. 12

7-9:30 a.m.

Aug. 16 and throughout season

3:30-5:30 p.m.



Girls Tennis

Wednesday, Aug. 9-11: 3:30-6 p.m.

Forest View Racquet Club
Appropriate tennis attire required; shorts and t-shirt.

NO MIDRIFF. Please bring an adult size racquet, athletic shoes and a full water bottle. Experience a plus, but not required.



Girls Volleyball

Aug. 9-11 – all tryouts in Cahill Gym & Mahoney Court

Seniors & Juniors: 5-7 p.m.

Sophomores: 5-7 p.m.

Freshmen: 4:30-6:30 p.m.



All the fall sports teams, band, cheerleaders and competitive dancers will have team PICTURES on SATURDAY, AUG. 19, 2017. Times TBA.